

Subject overview: PE



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Indoor	Sticky Kids	Moving – animal boogie yoga	Moving - gymnastics	Moving – movement to music	Moving – Storybook sports	Competing – fundamental movement skills
	Outdoor	Playing – intro to games	Moving – fundamental movement skills Body control	Playing – intro to games	Playing – fundamental movement skills	Playing – Intro to racket sports	Competing – Sports day events
Year 1	Indoor	Moving – fundamental movement skills	Moving – jungle yoga	Moving – gymnastics	Moving – movement to music	Competing – fundamental movement skills	
	Outdoor	Playing – intro to games	Playing – fundamental movement skills Locomotor skills	Competing – intro to games	Playing – intro to strike and fielding	Competing – Intro to racket skills	Competing – Sports day events
Year 2	Indoor	Moving – fundamental movement skills	Moving – jungle yoga	Moving – gymnastics	Moving – movement to music	Playing – fundamental movement skills	Competing – fundamental movement skills
	Outdoor	Playing – intro to games	Playing – net and wall games	Playing - intro to strike and fielding	Playing – Intro to racket skills	Playing – Jag tag for beginners	Competing – Sports day events

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		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Indoor	Moving – Intro to dance	Moving – Gymnastics	Playing – Net and wall games	Moving – Yoga	Intro to target games	Competing – Net and wall games
	Outdoor	Playing – Intro to strike and fielding	Playing – Intro to invasion games	Playing – Intro to Jag tag	Competing – Intro to invasion games	Competing – strike and field	Competing – Intro to athletics
Year 4	Indoor	Moving – Development of dance	Moving – Development of gymnastics	Moving – Development of yoga	Swimming	Playing – Development of net and wall games	Playing – Development of target games
	Outdoor	Playing – Development of striking and fielding games	Playing – Development of invasion games Basketball and football	Playing – Development of JagTag	Competing – Development of invasion games	Competing - Development of striking and fielding games	Competing – Development of athletics
Year 5	Indoor	Moving – Gymnastics	Competing – Dance	Competing – Badminton	Competing – Dodgeball	Swimming	Yoga – The yoga factory – Routines A – D
	Outdoor	Leadership	Competing – Netball	Complete – Tag Rugby	Competing – Hockey	Competing – Cricket	Competing – Athletics
Year 6	Indoor	Complete – Gymnastics	Health Related fitness	Complete – Dance	Volleyball	Yoga – The yoga factory – Routines E – H	Table tennis
	Outdoor	Complete – Tennis	Competing – Handball	Competing – Lacrosse	Competing – Jag Tag	Competing – Basketball	Complete - Athletics