

EAT ME, I'M ORGANIC

From Michelle's kitchen at St Chad's School we would like to share with you our wonderful menu.

June 2019 WEEK 1

Basket of fresh fruit and organic fruit yoghurt available every day.

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY - Meat Free</u>
<p>Homemade Minced Beef & Onion Pie (vegetarians only - option with veg mince)</p> <p>Baked Potato with Savoury Cheese Filling</p> <p>Spicy Vegetable & Tomato Pasta</p> <p>.....</p> <p><i>Creamed Potatoes</i> <i>Assorted Vegetables</i></p> <p><i>Home Made Fruity Flapjack</i> <i>Fruit</i> <i>Yoghurt</i></p>	<p>Homemade Chicken Tikka Masala</p> <p>Salmon Nuggets</p> <p>Assorted Sandwiches</p> <p>.....</p> <p><i>Rice</i> <i>Seasoned Potato Wedges</i> <i>Marrowfat Peas</i> <i>Sweetcorn</i></p> <p><i>Homemade Cocoa & Mandarin Sponge with Custard</i> <i>Fruit</i> <i>Yoghurt</i></p>	<p>Home Baked Gammon</p> <p>Homemade Cheese & Onion Pie</p> <p>Baked Jacket Potato with Beans</p> <p>.....</p> <p><i>Creamed & Roast Pots</i> <i>Fresh Broccoli</i> <i>Carrot Batons</i></p> <p><i>Seasonal Fruit Sundae</i> <i>Fruit</i> <i>Yoghurt</i></p>	<p>Home Made Spaghetti Bolognese (vegetarians only - option with veg mince)</p> <p>Oven Baked Bubble Fish</p> <p>Assorted Sandwiches</p> <p>.....</p> <p><i>Herby Diced Potatoes</i> <i>Corn on the Cob</i> <i>Garden Peas</i></p> <p><i>Homemade Marble Sponge & Custard</i> <i>Fruit</i> <i>Yoghurt</i></p>	<p>Vegetarian Meatballs in Gravy</p> <p>Baked Potato with Tuna & Sweetcorn</p> <p>Homemade Cheese & Tomato Pizza Slice</p> <p>.....</p> <p><i>Oven Baked Chunky Chips</i> <i>Baked Beans</i> <i>Mixed Salad</i></p> <p><i>Fresh Fruit & Ice Cream</i> <i>Cheese & Crackers</i> <i>Fruit</i> <i>Yoghurt</i></p>

The platters are ASSORTED. Should a child wish to have a specific filling please indicate on daily sheet.

Where stated 'vegetarians only' - this is for children who are known vegetarians.