

EAT ME, I'M ORGANIC

From Michelle's kitchen at St Chad's School we would like to share with you our wonderful menu.

June 2019 WEEK 2

Basket of fresh fruit and organic fruit yoghurt available every day.

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY - Meat Free</u>
<p>Homemade Beef Balti (Curry) (vegetarians only - option with quorn)</p> <p>Fish Cake</p> <p>Baked Potato with Beans</p> <p>.....</p> <p>Rice</p> <p>Herby Diced Potatoes</p> <p>Sweetcorn</p> <p>Garden Peas</p> <p>Fruity Mousse Sundae</p> <p>Fruit</p> <p>Yoghurt</p>	<p>Tandoori Chicken Pitta</p> <p>Homemade Tuna Pasta Bake</p> <p>Baked Potato with Cheese</p> <p>.....</p> <p>Savoury Rice</p> <p>Corn on the Cob</p> <p>Assorted Vegetables</p> <p>Homemade Jam & Coconut Sponge & Custard</p> <p>Fruit</p> <p>Yoghurt</p>	<p>Toad In The Hole (vegetarians only - option with vegetarian sausage)</p> <p>Oven Baked Bubble Fish</p> <p>Assorted Sandwich Selection</p> <p>.....</p> <p>Creamed & Roast Potatoes</p> <p>Fresh Carrots</p> <p>Fresh Cabbage</p> <p>Homemade Cocoa Brownie & Ice Cream</p> <p>Fruit</p> <p>Yoghurt</p>	<p>Homemade Pasta Carbonara (Creamy Ham & Cheese Sauce)</p> <p>Homemade Cheese & Bean Pie</p> <p>Jacket Potato with Tuna</p> <p>.....</p> <p>Potato Croquettes</p> <p>Fresh Broccoli assorted Vegetables</p> <p>Homemade Ginger Biscuit with Glass of Organic Milk</p> <p>Fruit</p> <p>Yoghurt</p>	<p>Vegetarian Sausage Roll</p> <p>Homemade Cheese & Pepper Panini Pizza</p> <p>Sandwich Selection</p> <p>.....</p> <p>Chunky Chips</p> <p>Baked Beans</p> <p>Salad Pots</p> <p>Arctic Roll</p> <p>Cheese & Biscuits</p> <p>Fruit</p> <p>Yoghurt</p>

The platters are ASSORTED. Should a child wish to have a specific filling please indicate on daily sheet.

Where stated 'vegetarians only' - this is for children who are known vegetarians.