

# EAT ME, I'M ORGANIC

From Michelle's kitchen at St Chad's School we would like to share with you our wonderful menu.

September 2020 WEEK 1 (Interim Menu)

Basket of fresh fruit and organic fruit yoghurt available every day.

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY - Meat Free</u>
<p><b>MSC Bubble Fish</b></p> <p><b>Baked Potato with Filling</b></p> <p>.....</p> <p><i>Creamed Potatoes Peas &amp; Sweetcorn Mix</i></p> <p><i>Home Made Syrup Sponge &amp; Custard Fruit Yoghurt</i></p>	<p><b>Wholemeal Pasta Neopolitan</b></p> <p><b>Baked Potato with Filling</b></p> <p>.....</p> <p><i>Mixed Vegetables</i></p> <p><i>Banana Mousse with Toffee Sauce Fruit Yoghurt</i></p>	<p><b>Homemade Meat and Potato Pie</b></p> <p><b>Baked Potato with Filling</b></p> <p>.....</p> <p><i>Fresh Broccoli Carrot Batons</i></p> <p><i>Homemade Chocolate Coated Flapjack Finger Fruit Yoghurt</i></p>	<p><b>Chicken Fajita Wrap</b></p> <p>.....</p> <p><b>Baked Potato with Filling</b></p> <p>.....</p> <p><i>Herby Diced Potatoes Corn on the Cob</i></p> <p><i>Homemade Vanilla Sponge Fruit Yoghurt</i></p>	<p><b>Wholemeal Cheese &amp; Tomato Pizza Slice</b></p> <p><b>Baked Potato with Filling</b></p> <p>.....</p> <p><i>Oven Baked Chunky Chips Baked Beans</i></p> <p><i>Fresh Fruit Salad &amp; Ice Cream Fruit Yoghurt</i></p>

The platters are ASSORTED. Should a child wish to have a specific filling please indicate on daily sheet.

Where stated 'vegetarians only' - this is for children who are known vegetarians.