

# EAT ME, I'M ORGANIC

From Michelle's kitchen at St Chad's School we would like to share with you our wonderful menu.

Sep 2019 WEEK 3 (INTERIM MENU)

Basket of fresh fruit and organic fruit yoghurt available every day.

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY - Meat Free</u>
<b>Homemade Chicken Curry</b>	<b>Fish Fillet</b>	<b>Homemade Beef burger in a Bun</b>	<b>Spicy Tomato Pasta &amp; Crusty Roll</b>	<b>Homemade Cheese &amp; Tomato Pizza</b>
<b>Baked Potato with Cheesy</b>	<b>Assorted Sandwiches</b>	<b>Baked Jacket Potato with Tuna Mayo</b>	<b>Baked Jacket Potato with Tuna Mayo</b>	
.....	<i>Homemade Jacket Wedges</i> <i>Baked Beans</i>	.....	<i>Fresh Broccoli</i>	<i>Chunky Chips</i> <i>Baked Beans</i>
<i>Mixed Sweetcorn and Peas</i>	<i>Homemade Shortbread Biscuit with Milkshake</i> <i>Fruit Yoghurts</i>	<i>Herby Diced Potatoes</i> <i>Corn Cobette</i>	<i>Homemade Chocolate &amp; Mandarin Sponge &amp; Custard</i> <i>Fruit Yoghurts</i>	<i>Rainbow Jelly Pots &amp; Ice Cream</i> <i>Fruit Yoghurt</i>
<i>Fruity Mousse</i> <i>Fruit Yoghurts</i>		<i>Homemade Crumble Top</i> <i>Muffin</i> <i>Fruit Yoghurts</i>		

The platters are ASSORTED. Should a child wish to have a specific filling please indicate on daily sheet.

Where stated 'vegetarians only' - this is for children who are known vegetarians.